

HIGHLANDS HIGHLIGHTS

Community News



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503-684-8294
www.highlands55.org

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HOA BOARD MESSAGE

The recent spring days harkened many community members outdoors, working in their yards and walking the neighborhood. It was great to see folks and say hello or chat for a bit. It's also when the winter 's cabin fever inspires many to plan changes in their abodes. When those changes are yards or home exteriors, please check the Architecture & Landscape manual (and a quick review of CC&Rs and Resolutions) to ensure they meet the community guidelines.

One event on the horizon: King City Shred Day, April 6, 9 a.m. – noon, next to the Police Station. Bring that bag/box/armload of stuff you've been meaning to take care of and watch it become confetti!

King City Highlands is 30+ years old. Many common elements are showing their age – sort of like me. The recent pressure washing of the brick wall illuminated additional fixes that will need to be addressed. The board recently discussed repaving of the clubhouse parking lot. All of the HOA sidewalks (including along 131st and Beef Bend Road) need cleaning. Each of these tasks are carefully considered by the Finance Committee and the Board to ensure the budget is managed appropriately. You will likely see some of these underway in the coming months. If you ever have a question, you are welcome at Finance Committee meetings and/or Town Hall or call any Board member.

Last, this is a call for a couple of volunteers. The clubhouse kitchen typically has the soap, paper towels, and miscellaneous other items for community use. Currently no one is taking responsibility to keep those items in stock (this is not a staff task). This likely would take a couple hours a month to manage. As always, many hands make work easier – a couple of folks would be ideal. If you are willing, please let Beth know and she'll help set it up. Thank you in advance for stepping in.

Mike Dahlstrom, HOA president
president@kchighlandshoa.com

HIGHLAND PARK CONDOMINIUM BOARD MESSAGE

At the March Board meeting Sandra Bergeron talked about the recent garage break in. She shared for less than \$2. A person can purchase a cover for the center lock on your garage door and thieves cannot open the door. Thank you, Sandra for the information.

Just a reminder you are welcome to attend the Board meetings as well as all committee meetings. I encourage you to get involved in the committees of your interest as it takes interested residents working together to keep our community a pleasant place to live. Also, for those living in the condo's you are welcome to attend the HOA meetings. It's a good way to keep informed. Pat Barcroft

NOTES FROM THE OFFICE

The 2024 Directories have arrived! You can pick one up in the Clubhouse living room area. Please initial and date next to your name in the binder to verify pickup. You can also drop your 2023 Directory in the box for recycling.

The Clubhouse is rented frequently in the next few months, so if you're planning an event for the spring or summer, get your application in soon. It's best to check with the office before sending out invitations!

Beth Howland

office@kchighlandshoa.com 503-684-8294

UPCOMING EVENTS

LASAGNA DINNER COMING TO CLUB HOUSE SUNDAY APRIL 14 AT 5 PM

We will be serving Nona Emelia's lasagna along with garlic bread, green salad, several flavors of Ice cream and cookies for dessert.

The cost is just \$15 for an easy meal and a lot of fun. Please use the sign-up sheet on the bulletin board so we know how many to prepare for.

Family and friends are always welcome!

Pay at the door.

Ed Benberg, Special Events Lucianne Phillips, co-chair

UPCOMING EVENTS

This year's Sip and Saunter Through Open Garden is going to be Saturday, June 29.

We are putting it later in the year in hopes that more people will be willing to open their gardens to their neighbors. In May we will be asking for volunteers to open their gardens. A sign up will be on the Clubhouse bulletin board, as well as notices on Hinet.

We will follow the same format as we have in the past. The list of open gardens will be sent out on Hinet and in Highlights. A map with the addresses marked will also be available in the Clubhouse on June 29.

We do not expect perfect gardens, weed free gardens or anything extraordinary, but are hoping to see how different neighbors use their outdoor spaces.

We hope that we have lots of volunteers who open their gardens to us and lots more who will saunter through the gardens. As in the past, residents can choose to saunter through as many or as few open gardens as they wish.

Looking forward to your participation.

Co chairs:

Elaine Sobel & Crystal Compese

CONDO NEIGHBORHOOD WATCH

The beautiful trees and bushes in our Condo Neighborhood are in bloom. Our condo sales should improve and net us some of that 1/2 percent we voted on, to flow into our reserves.

Continue to be vigilant. Our garage crooks are not done tormenting us. Perhaps there is nothing of value to take, but they keep trying. A cheap fix for the emergency lock in the middle of the garage door is a cover plate screwed over the lock. It will slow their entry and hopefully cause them to go elsewhere. Look in the wall plug cover section of any hardware store. But you will need long wood screws to fasten it to the garage door.

And while your mind is on prevention tactics, while in the hardware store, look for water leak detectors. As condo owners we share walls and plumbing and unfortunately water leak disasters. If your hot water tank starts leaking or your dishwasher springs a leak and you live in an upstairs unit, you share that disaster with your neighbors. Your insurance company will take the hit and your insurance rates may go way up.

Take that extra step for safety,

Sandy Bergeron CNW Coordinator sandber31638@gmail.com

ARCHITECTURE AND LANDSCAPE COMMITTEE

10 Reasons why native plants are a good idea for your garden-

As the weather finally clears, we are all going to be at the local nurseries looking to replace what got destroyed by the frost. Ever wonder why we on the ALC are always talking about using native plants as we beautify our community? Below are 10 great reasons to consider native plants as you redesign your gardens this Spring-

Native species are easier to maintain as the climate and the planet changes. We can choose plants that can adapt better to these conditions.

1. Native plants provide food and shelter for local wildlife.
2. Naïve plants need less chemical treatment.
3. They can improve air quality.
4. They use less water.
5. They provide nectar for pollinators.
6. They help prevent soil erosion.
7. They can save you \$\$... they need less fertilizer...
8. They support the ecosystem.
9. They can enhance your landscape by lasting longer.
10. Choosing native plants is a way to do something toward helping the planet.

There are something like 1050 species of wildflowers, shrubs, and vines to be found in Oregon. To help us navigate this huge amount of scientific data, OSU has created a new website; **oregonflora.org**, which can serve the needs of scientists and everyday folk who are just interested in plants. They also have an **Oregon wildflower app** that you can use next time you're on a hike and you see a new plant you can't identify.

Happy Planting😊

Virginia McEwing, ALC secretary

CONDO LANDSCAPE COMMITTEE

The Landscape Committee met and walked the property with 3 different arborists. Marked trees and shrubs were pointed out to be removed as this interferes with window washing and cleaning of gutters. A Cedar tree near the garages of building 17 was noted to be removed as it is causing drainage and gutter issues. There has been an ongoing concern about the health of our azaleas. It was noted that the lace bug, *Stephanitis pyrioides*, has been attacking the azaleas and rhododendrons. The bug sucks the chlorophyll out of the leaves. This inhibits the plant to obtain its nutrients. We will be addressing this issue as well.

The next Condo Landscape Meeting will be April 1st at 9:00 a.m.

Lucy Laande, Landscape.

BIBLE STUDY GROUP

Spring is finally here with longer daylight hours, which should make us all smile. Even so, and as the adage goes, "April showers bring forth May flowers." So, there are brighter days ahead. Also, as a bright spot in our routine here at the Highland Bible Study, we look forward to hearing from two excellent Bible Study speakers this month.

April 2nd, - **Dennis Beatty** will be joining us with a timely message this spring. You will recall; Dennis and his wife Gwyn, are residence od Highlands, and one of our regular bible study speakers. By way of review, Dennis has his doctorate from Fuller Theological Seminary, has been in full-time ministry over 40 years, has been a lead pastor, a lead interim pastor, and served in several denominations. Welcome back Dennis.

April 16th, **Chaplain Dave McElheran** will join us, which usually involves singing hymns and a message from God's Word. As always, he will lead our time reflecting on Biblical Truth's from his many years of ministry experience. Welcome Chaplain Dave.

Our Bible Studies are held the first and third Tuesdays of each month, from 7:00 to 8:00pm in the Clubhouse. We always conclude with a time of refreshments and fellowship. We look forward to seeing you in April.

Submitted by Ron Willis

COMMUNITY NEWS AND ANNOUNCEMENTS

DRYER VENT CLEANING

Spring is coming and that means it is about time to get our dryer vents cleaned again. For the fourth year we have been able to secure a group discount for those Highland residents who wish to participate. It is important to do this as dryer lint can build up in our vents and become a fire hazard. If you did not have it done two years ago we definitely encourage you to do it this time around. We will be working again with Cloud9. House's cost \$50.00, Condo's \$45.00.

We do this as a community to make this as inexpensive as possible. While you are having your dryer vent cleaned you might also want to have some of their other services done.

As an incentive for residents to schedule other services such as carpet or upholstery cleaning, window washing, or HVAC duct cleaning, Cloud9 will give the customer a discounted rate of only \$30 to add the dryer vent cleaning to the larger appointment with those other services. These appointments would not be during the predetermined days and these residents would book separate appointments with Cloud9. Their normal appointment minimum is \$140, so in order for a resident to get the \$30 dryer vent deal, they'd have to book another \$110 in services.

Prices for the other services can be found on their online booking page on the website. If you want to inquire about services you don't see in the online booking section of their website, you can call or email Cloud9 to discuss pricing.

The schedule is as follows:

Houses	4/18	9 AM through early afternoon, depending on participation.
Condos	4/25	9 AM until 4 or 5 PM
Houses	5/9	9 AM through early afternoon, depending on participation.
Condos	5/16	9 AM until 4 or 5 PM or until finished.

Here is a link to Cloud9's website for both the houses and condo's to sign-up:

<https://www.cloud9clean.com/sign-up-page> . Simply visit this page, fill out the form and they will put together the schedule. If folks feel they need to call or email, Cloud9 they can handle that too.

Sherry Kilpatrick & Lucianne Phillips, Dryer Vent Cleaning Coordinators

Cloud 9 Professional Cleaning Services

-Carpet and Upholstery Cleaning

-Window Washing

-Duct and Dryer Vent Cleaning

-Housekeeping

www.cloud9clean.com

503-522-0411

HIGHLANDS ACTIVITIES

Poker: We have an opening for a Poker Player for Wednesday night's game from 6pm to 8:15pm. For a friendly game none of us take seriously, come join us when you can, if you like to laugh and have fun.

Mahjong: There are two Mahjong games here in the Highlands. Chinese Mahjong rules and American National Mahjong rules. We play the Chinese Garden version on Wednesday afternoon at 1pm, every other week. The other week we play Rummy-que. It's a way of keeping our minds sharp. Come join us. The Chinese version is easy to learn. No \$16.00 card every year or the Charleston needed. A winner in every game, no wall games.

Sandy Bergeron Sandber31638@gmail.com

**MAH JONGG
AT THE HIGHLANDS
Meets every Thursday at 1:00 p.m.
In the card room**

Mah Jongg is a tile-based game that has been around since its advent in the 19th century in China. It remains popular all over the world, especially in Asian countries. The rules of the American variant became standardized with the formation of the National Mah Jongg League in 1937. The rules booklet has been revised this year to meet the needs of the MJ community.

The league changes the hands and rules of the game to add more excitement. Each year a new Official Standard Hands and Rules card is released. The one for 2024 should be arriving in the mail in early April! The game encourages many skills. Tactics, observation, memory, pattern recognition, and adaptive strategies are some of them. Playing and getting better at it can help us improve these skills, which can be very useful for our daily life.

If you would like to play on Thursdays, or if you would like to learn Mah Jongg feel free to contact me.

Lori Clark
505 301-4427
loriclark2002@gmail.com

**BOOK TALK
BOOK GROUP
April 10, 2024
11:00a.m**

Book Talk will meet on the second Wednesday of the month: **April 10, at 11:00 a.m.** in the boardroom. The group is open to everyone who would like to join in the discussion of the book for the month.

The selection for **April** is ***Five Came Back*** by Mark Harris. In ***Five Came Back***, the author gives us something remarkable: the untold story of how Hollywood changed World War II, and how World War II changed Hollywood, through the director's lens.

The product of five years of original archival research, ***Five Came Back*** is an epic achievement, providing a revelatory new understanding of Hollywood's role in the war through the life and work of five men who chose to go, and who came back.

For any information, please feel free to contact me.

Lori Clark
loriclark2002@gmail.com

POOL LESSONS AND PLAY

>> Each Tuesday from 1:00 to 3:00. <<
Every day in April is April Pools' Day!!

Pool Lessons & Play sessions began on January 9th, and we have completed the first round. We're now doing a repeat series for review and for new players; two additional players joined us just recently. Lessons are by video, coupled with demonstration and play. Subjects covered are: "Nomenclature", "Stance & Grip", "Bridge & Stroke", "Aiming", "Stop/Follow/Draw Shots", "English" and "Position."

A resident in the condos that overlook the windows into the pool table area told us that people can be seen using the pool table morning, noon, and evening. This is great news and is just the kind of reaction we wanted after having the pool table professionally refurbished and offering these video lessons.

Beginners, rusty players, experienced players, and observers are welcome and encouraged to attend. Gender is no barrier.

Fred Clark

fredclark2002@gmail.com

"Even a blind squirrel finds an acorn once in a while."

ZUMBA GOLD

Have you thought about giving Zumba Gold a try but aren't quite sure what to expect, or you think you can't dance?

Our group, led by our instructor, Cathy Scott, is all about having fun and moving at your own pace. Zumba Gold is a fun fitness program based on Latin and international dance styles. It's similar to regular Zumba, but at a lower intensity level to be more accessible to active, older adults, and others who may need modified exercises. The moves are designed to be easy-to-follow, and you don't need any dance or exercise experience to get started. Zumba Gold offers a full-body workout, but at a less intense pace. It's a fun way to stay active.

Low-impact movements in Zumba Gold are gentle on aging joints, making it ideal for seniors with joint issues or limited mobility. Balance exercises and light weights are also incorporated into the routine. Additionally, there's a social aspect to our class. It's a great way to meet your neighbors and keep in touch. Personally, for myself, it was a first step in getting to meet new friends, and become a part of the community. Classes are on **Monday and Thursday at 10 am**. The first class is always free, then \$3 per class after that. Join us and give it a try!

Kathy Thigpen, Zumba Gold Coordinator
530-514-8448

PAST EVENT REVIEWS AND PHOTOS

ST. PATRICK'S DINNER

On March 14 more than 90 Highlanders celebrated St. Patrick's Day in grand style. Ginger Aarens and Adrien Reen planned this outstanding evening that included a delicious dinner of Irish specialties, Irish music, a performance of Irish dance and door prizes. Many people assisted in the preparations and clean-up so it was truly a team effort led by Ginger and Adrien. A great time was had by all and we say to the entire team and all we can say is: "Thanks a Million!"

Ed Benburg and Lucianne Phillips

"We had a great turnout and would like to thank the entertainment acts of the band Possibly Irish and the traditional Irish dancers, Brimhall Irish dance academy. We would also like to thank all of the help we had from the community to make it a very memorable evening."

Adrian Reen and Ginger Aarens



KC HIGHLANDS CALENDAR

APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9 Condo Landscape Mtg 10 Zumba 11 Condo Finance & Main. Mtg. 1 Hand, Knee, & Foot	9 Walking Aerobics 10 Men's Coffee 1 Pool Lessons & Play 1 Bridge 7 Bible Study	9:30 ALC Comm. Mtg 1 Mahjong 1 Rummikub 6 Poker	10 Zumba 12:30 Line Dancing 1 American Mahjong 6 Hand, Knee, & Foot	9 Walking Aerobics 10:30 Coloring 5 Happy Hour	11-4 Private Event
7	8	9	10	11	12	13
12-6 Private Event	10 Zumba 1 Hand, Knee, & Foot 1 Caregiver Support Group	9 Walking Aerobics 10 Men's Coffee 1 Pool Lessons & Play 1 Bridge 2 Special Events Planning 6-9 Private event	11 Book Talk 1 Mahjong 1 Rummikub 5:30 Condo Board Mtg. 6 Poker	10 Zumba 12:30 Line Dancing 1 American Mahjong 6 Hand, Knee, & Foot	9 Walking Aerobics 10:30 Coloring 2 Library Mtg 5 Happy Hour	11-4 Private Event 7-9 PM Event Setup
14	15	16	17	18	19	20
10-2 Private Event 5-8 PM Lasagna Dinner	10 Zumba 1 Hand, Knee, & Foot	9 Walking Aerobics 10 Men's Coffee 1 Pool Lessons & Play 1 Bridge 7 Bible Study	1 Mahjong 1 Rummikub 6 Poker	9:30 Crafts Group 10 Zumba 12:30 Line Dancing 1 Am. Mahjong 3 Clubhouse Interiors Mtg 6 Hand, Knee, & Foot	9 Walking Aerobics 10:30 Coloring 5 Happy Hour	11-4 Private Event
21	22	23	24	25	26	27
10-6 Private Event	10 Zumba 1 Hand, Knee, & Foot	9 Walking Aerobics 10 Men's Coffee 1 Pool Lessons & Play 1 Bridge 6:30 Finance Com Mtg.	1 Mahjong 1 Rummikub 6 Poker 6:30 Town Hall -HOA Board Mtg to Follow	10 Zumba 12:30 Line Dancing 1 American Mahjong 6 Hand, Knee, & Foot	9 Walking Aerobics 10:30 Coloring 5 Happy Hour	9-5 Private Event
28	29	30				
	10 Zumba 1 Hand, Knee, & Foot	9 Walking Aerobics 10 Men's Coffee 1 Pool Lessons & Play 1 Bridge				

Office Hours: M W F 9 AM – Noon 503-684-8294

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