

# HIGHLANDS HIGHLIGHTS

## FEBRUARY 2017

Highlands Highlights is published by King City Highlands Homeowners Association, Inc.  
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### BOARD NOTES

#### **CPR-Automatic External Defibrillator Project (AED)**

According to American Heart Association statistics, about 335,000 people die every year of coronary heart disease without being hospitalized, which calculates out to be about 918 Americans a day! In the case of cardiac arrest, survival is directly linked to the amount of time between the onset and defibrillation. The AED along with application of CPR is the answer to saving more victims of sudden cardiac arrest.

Last month the Board decided to acquire the AED equipment and simultaneously schedule training for volunteers in the use of AED and certification in the application of CPR. Rod Bartholomew volunteered to co-host the project and do the heavy work recruiting the volunteers needed for launch. We signed a Working Agreement with the Emergency Medical Services Office of Washington County for support and guidance by:

- Providing assessment of unique project objectives
- Coordinating and providing CPR training to AHA Standards
- Coordinating and providing AED training
- Providing medical supervision through the Washington County Medical Director
- Providing continuing education necessary
- Providing quality improvement and assurance and follow-up

The first class of 21 volunteers will be trained by the time you receive the February Highlights; and another class is scheduled for February 6. **Our desire and challenge is to have a trained volunteer on site during the hours of activity in the clubhouse.** We are striving to have a minimum of 30 trained volunteers to become operational in February. If you have any questions please contact Rod Bartholomew at 503-352-4338 or George Fisher at 503-624-0299.

HOA Board of Directors

“Only love can be divided endlessly and still not diminish.” – Anne Morrow Lindbergh

## **KEY MEETINGS HAVE BEEN RESCHEDULED**

At its December meeting, the HOA Board of Directors (BOD) decided to reschedule its regular monthly meeting to better align it with the availability of the most timely financial information. Accordingly, the regular Highlands HOA Town Hall and (BOD) meetings will now be held on the **fourth Wednesday of every month** - starting at 6:30 PM with the Town Hall meeting. The BOD meeting will immediately follow the Town Hall meeting. The next Town Hall/BOD meeting is Wednesday, February 22.

Under this new schedule, the regular meeting of the Highlands HOA Finance Committee will be held the day before the BOD meeting. The date for the Finance Committee meeting will usually fall on the fourth Tuesday - but some months (Feb, Mar, and Nov in 2017) on the third Tuesday. The meeting is held in the Clubhouse Boardroom at 1:00 PM. Visitors are always welcome. The next Finance Committee meeting will be Tuesday, February 21.

The reason for these changes is to make sure the BOD has the most current financial information available for its deliberations. The monthly financial report (produced by our accountant at CMI) is usually available about the 15th of the month.

Confused? Check your copy of the "Highlands Highlights" for the exact schedule.

KC Highlands Finance Committee, Bill Beecroft, Co-chairperson

## **CONDO NOTES**

If you haven't already marked your calendar be sure to remember the **Annual Meeting will be on Thursday, February 9, starting at 6:00 PM. Check-in starts at 5:30 PM.** Come on everybody, we changed to the later time for a reason. We want our meetings to be accessible to all our owners. If coming in the dark is a worry, grab a flashlight and walk with a neighbor. If you just can't make it please be sure your proxy is sent to CMI, delivered to Mabel at the clubhouse office or signed over to a neighbor who you know will be attending the meeting. You should actually hand in your proxy even if you plan to attend, just in case something comes up at the last minute.

**VERY IMPORTANT SAFETY REMINDER:** If you live in a second floor unit your clothing dryer vents into the attic and then up through a vent in the roof. This vent should be cleaned out completely at least every few years, possibly two years if you dry lots of linty items. If you can do it yourself that's fine but you may have to consider hiring one of the dryer vent cleaning services. A clogged vent can cause your dryer to run too hot and not dry clothing properly, eventually creating a possible fire hazard. Remember, everybody should be cleaning the lint trap in the dryer after every use. A dryer brush for cleaning out the lint caught inside the dryer behind the lint trap can be purchased very inexpensively at any hardware store. If you live on the ground floor and are unable to move your dryer and clean out the exhaust hose you should consider hiring a service to do it for you. The board is currently getting pricing to have this work done as one big project, but the cost will be the unit owners' responsibility.

**NOISE:** What's the most common complaint from people who live in multi-family buildings such as apartments and condominiums? It's noise of course, usually followed by parking and pet-related problems. Noise is very subjective. What really bothers one person may be hardly noticeable to another. Probably most residents at Highland Park came here from single family homes where you didn't give much thought to noise and how it might impact a neighbor. Plus you probably didn't have noise issues from your neighbors. In a condo, vacuuming early in the morning or late at night can be very upsetting to a neighbor. Running the dish washer, playing the TV at high volume, using surround sound or using the washing machine during "quiet hours" can do the same. On the other hand, it isn't

Continued on Page 3

fair to owners complain about the noises of everyday living. Walking with shoes on or closing a cupboard door is not grounds for a complaint. Neither is flushing a toilet at night. The complaints we are receiving from owners often seem to be blown out of proportion. But if you feel you are truly being subjected to unreasonable noise, the first step should be talking calmly to your neighbor. They probably have no idea you are so upset. For either party to be unreasonable doesn't solve the problem. Banging on the floors, walls or ceilings is counter-productive. If a reasonable approach doesn't work you can contact CMI or a board member. However, with no substantiation there isn't a lot that can be done other than a cautionary letter from the property manager. If your issue is really serious it's best to have a neighbor or some other third party such as a board member come and listen to the noise problems with you.

**Communication:** During the big snow in early January it became apparent that everybody who has an e-mail account should sign up for Hi-net. This is the best way to broadcast important information to the largest number of homeowners in Highlands. If you are not already on the list please send an email to [hinet@hevanet.com](mailto:hinet@hevanet.com) and ask to be added. CMI is working on an e-mail program too; but in the meantime, Hi-net is all we have.

Please join your fellow condo owners at our Annual Meeting on February 9 and please, please seriously consider volunteering in your community, either as a board member or committee member. Check in for the meeting will start at 5:30 PM.

Zoe Allen, Board Chair

## **ATTENTION HOUSE OWNERS – IT IS TO SIGN UP FOR BACKFLOW VALVE TESTING!!**

It is once again time to be thinking about our Backflow-Valve-Testing sign-up. (Yes, spring is indeed coming.)

As you are aware, the State of Oregon requires all house owners who have and use underground sprinkler to have the backflow valve tested annually. If the valve malfunctions, it would be a health issue for both you and your neighbors.

For the past several years, the P.M. Backflow Company has provided the residents of Highlands with a special rate. They charge us a reduced rate of \$25 (normally \$35) to perform the testing and submit the necessary paperwork to the Tigard Water Department. This year their testing will be performed in **March and April.**

Here is the process:

1. P.M. Backflow only accepts computer "online" signups, (the same as last year) with your payment by credit card.
2. If you are computer savvy, you may do the sign-up at home by yourself. Instructions will be on a typed sheet found in the Clubhouse literature rack to the right of the office door the first of March. **You may do this any time during the month of March.**
3. If you do not have a computer or need a little assistance, Mabel, in the Highlands office will be happy to help. She is available at the normal office hours:

**Monday and Wednesday 9 – 12 and Thursday 1 – 4.**

*Note: Please do not attempt to do the sign-up yourself before the first of March. Our code will not be entered in the P.M. Backflow system prior to March 1, and the discount will not apply. If you have any questions call Mabel in the Clubhouse office 503-684-8294.*

"In the midst of winter, I found there was within me an invincible summer." – Albert Camus

## **BIBLE STUDY**

**February 7:** Pastor Jaquith has faithfully served Highlands Bible Study since its beginning, 24 years ago. He pastors a church in Beaverton with a thriving K-12 Christian school. This multifaceted leader, whose ministry involves youth, as well as all generations, teaches Scriptural truths with practical applications for life.

**February 21:** We also are grateful to have Pastor Walt with us again. Prior to his retirement, he has presented God's word thoughtfully as a pastor; as a member of the Tigard Police Reserve; and as a chaplain, diligently teaching groups such as ours. He brings understanding, wisdom, and delight, as he presents the eternal truths of the Bible.

Each of these presentations start at 7:00 PM. They are non-denominational, with messages and the music being one hour in length, followed by coffee, refreshments, and fellowship. All Highlanders are encouraged and invited to attend.

Harmon and Maxine Summer

## **MOVIE NIGHTS**

Our movies for February will be the **1st and 3rd Fridays at 7:00 PM**. We will enjoy two beautiful films that highlight the influence that an adult mentor can have on young people in different times and situations.

**February 3** - The inspiring true story of Robert "RADIO" Kennedy (played by Cuba Gooding Jr.) in his journey from a mentally challenged young man that no one understood who with the help of the local High School Football Coach (played by Ed Harris) became an asset to his community. He opened their hearts and urged "his" team to become champions.

**February 17**- "THE BOOK THIEF" is set during World War II and is "a masterful film about courage and hope". When her mother can no longer care for her, a young illiterate girl is adopted by a German couple and learns to read with help from her adoptive father (Geoffrey Rush). When the couple takes in a Jew hiding from Hitler's army, she befriends him and books provide an escape from the events unfolding around them.

We will start at 6:45 p.m. for those who want to see some extra information about the making of this film - 7:00 p.m. for the movie presentation. Call Nancy Crandell 503-746-6701 if you want more information.

**IF YOU WALK TO THE MOVIE NIGHTS, REMEMBER TO BRING A FLASHLIGHT FOR SAFETY.**

Nancy Crandell

## **SPECIAL EVENTS**

Thanks to all our Highlanders for coming to the Great Chili Feed. There were a little over 60 people who attended. A special "thank you" to the families of our Highlanders for joining in the fun. You are always invited.

A special "thank you" to all the people who volunteered to help make the event a great success.

February's Special Event will be a Valentine Potluck on Saturday, February 18, starting at 5:30 PM – serving at 6:00 PM.

There will be a sign-up sheet on the bulletin board in the Clubhouse hallway early in February. Please check what you plan to bring: main dish, salad or dessert.

We are always looking and asking for volunteers, so please think about it.

Gary Melott

## **SUPERBOWL PARTY**

Join us at our Clubhouse on Sunday, February 5 for a Highlands Super Bowl Party and enjoy watching the game and those famous commercials with your neighbors on our big screen TV. Kickoff is at 3:30 PM. Please bring a snack to share or something to share for supper and your choice of beverage. Remember that we have a microwave and ovens for warming if necessary and can plug in slow cookers. Not a Football fan? Bring your knitting or whatever and hang out in the living room.

Nancy Crandell

## **WALKING EXERCISE**

Tuesday and Friday 9:00-9:30 AM. Start your day with half hour of fitness walking indoors at our Clubhouse. Have fun with your neighbors and get or keep fit through the winter. You can do as much or as little as you like.

## **COFFEE HOUR**

The faithful fellows who have been coming to the Coffee Hour on Tuesday Mornings at 10:00 AM have not solved all the problems of the world. How about more residents coming to put in your two-cent worth.

## **TECH TIP**

The bad guys are always trying to fool us. Don't fall for the phone scams that pretend to be from Microsoft saying that something is wrong with your computer. Microsoft will never call you. Also, hand up on the call from the IRS—they will never call you. When using your computer don't click on any of the ads that say they will fix or speed up your computer. And never call any of the phone numbers that show up in pop-ups. They are all scams.

## **DIRECTORY UPDATES**

NAME	ADDRESS	PHONE NUMBER
Anderson, Donna	12600 SW Peachvale Street	503-984-4884
Cooper, Curtis & Patricia	12768 SW Overgaard Street	503-372-5132
Crane, Pamela	16072 SW Wimbledon Court	503-780-0877
Danley, Verna	16473 SW 130th Terrace # 103	
Mann, Elsa (New location)	722 SW Fellows Street, McMinnville OR 97128	971-261-2256
Miller, Vicki	16277 SW 130th Terrace # 44	503-730-0870
Packard, Dean & Mary Ann (New Location)	1200 Overlook Drive# 388 Lake Oswego OR 97034	503-454-0183
Wearne, Diane	12528 SW Peachvale Street	206-679-9034

Edited by Mabel Weber

The Editor retains the right to make copy corrections as needed

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# **HANDYMAN SERVICES**

**WE'RE THE 'HOME DEPOT' OF HANDYMEN**

Remodeling, Repair and Inside/Outside Maintenance

**Kitchens, Baths, Fences, Decks, Patios and Patio Covers, Attic Access Installation, Window Replacement, Door Replacement, Dry Rot Repair, Siding Repair and Replacement, Drywall Repair and Installation, Tile Installation, Flooring Replacement and Repair, Pressure Washing, Gutter Cleaning, Roof Moss Control, Hot Water Heater Replacement, Plumbing and Electrical Repairs, Sprinkler System Installation and Maintenance**

Free Estimates Available

Local Referrals Available on Request

No Job is Too Big or Too Small

## **CONTACT**

Don Fitzgerald at (503) 572-7202

**OR**

Bill Norton at (503) 789-7825

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CCB # 189608**

# February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10 ALC Meeting 2 Mahjong <b>7 Public Hearing On Annexation KC City Hall</b> 7 Poker	10 Zumba Exercise 7 Hand & Foot	9 Walking Exercise 10:30 Coloring 1 Wrapsody 5 Happy Hour 7 Movie	
5	6	7	8	9	10	11
	10 Zumba Exercise 11 Condo Reserve	9 Walking Exercise 10 Coffee Hour 1 Bridge 7 Bible Study	2 Mahjong 7 Poker	10 Zumba Exercise <b>5:30 Condo Annual Meeting</b> 7 Hand & Foot	9 Walking Exercise 10:30 Coloring 1 Wrapsody 2:30 Library Committee 5 Happy Hour	
12	13	14	15	16	17	18
	10 Zumba Exercise	9 Walking Exercise 10 Coffee Hour 10:30 Condo Landscape 1 Bridge 7 Rummikub	2 Mahjong 7 Poker	10 Zumba Exercise 7 Hand & Foot	9 Walking Exercise 10:30 Coloring 1 Wrapsody 5 Happy Hour 7 Movie	<b>5:30 Potluck Dinner</b>
19	20	21	22	23	24	25
	10 Zumba Exercise 3 Clubhouse Interiors	9 Walking Exercise 10 Coffee Hour 1 Bridge 1 Finance Committee 7 Bible Study	2 Mahjong <b>6:30 Town Hall HOA Board Meeting</b> 7 Poker	10 Zumba Exercise 7 Hand & Foot	9 Walking Exercise 10:30 Coloring 1 Wrapsody 5 Happy Hour	
26	27	28	<b>Clubhouse Office Hours: Mondays &amp; Wednesdays, 9 to 12; Thursdays, 1 to 4.</b> <b>Calendar items are accurate as of the time of printing. For updates, please check the Master Calendar on the Clubhouse front door.</b>			
	10 Zumba Exercise 7 CPO # 4	9 Walking Exercise 10 Coffee Hour 1 Bridge 7 Rummikub				